



**VIDYA BHARATI SCHOOL**  
**VACATION ENRICHMENT PROGRAMME(2020-2021)**  
**Class: Nursery**

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May your Holidays be filled with joy and good cheer!!

**NAME :** \_\_\_\_\_



**As the holidays have begun, it's time for us to have some fun, It is the time to read an amazing book and help mommy cook, We will make new friends and play a lot of games, Spend time with them and know their names, We will sleep on time and rise with the bright sun, As the holidays have begun, it's time for us to have fun!!**

**Dear Parent(s)**

Holidays are a good time to take a break from the daily routine. It is the time to indulge in hobbies, meet old friends and extended family members. Summer time is the quality time that you can utilize to bond with your child. It is the time of simple pleasures and excitement. Enjoy this precious time with your ward. You can make your child more independent by teaching him/her various activities to develop his/ her physical and mental skills.

**Note: Kindly ensure that the VEP is completed by the students under the guidance of the parents. Submit VEP when school reopens.**

## MOTOR DEVELOPMENT


- Do page number 4 to 23, 28 to 35 in Pattern Book.
- Do page number 20 to 23,38, 39 .80 and 81in English Book World of letters.
- Write capital letter A and paste/draw related picture\_\_\_\_\_1 time (In four lines English new note book)
- Write capital letter B and paste/draw related picture\_\_\_\_\_1 time (In four lines English new note book)
- Do page number 10 to 13, 30 and 31 in Math Book World of numbers.
- Draw one circle and write number 1 \_\_\_\_\_1 time (In new small box Maths note book)
- Do page number 10 to14, 29 to 34 in EVS book World around me.

Let your child involve in following activities

- Mashing Potatoes
- Dough the flour
- Making of objects with flour or mud
- Rolling Chapatis
- Shelling out peas
- Zipping and unzipping
- Buttoning and Unbuttoning
- Opening and closing the bottle cap / tiffin lid
- Turning pages of a Book
- Squeezing bath sponges
- Watering the plants using spray bottles mash potatoes
- Yoga
- Dancing
- Jump in a circle



## Language Development

- Narrate simple stories to your child. Ask simple questions related to story to recall some characters and incidents. Learn any one short story.
  - Read sight words Level-1 daily
  - **Show and Tell** – Choose any one object from your surroundings everyday and let the child speak few lines on it.  
For example -Toy  
It is a toy. It is Brown in color. I play with my toy.
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- To enhance vocabulary Read page number 10 to 16 in English book 'World of letters'.
  - Learn Rhyme number 1,2,16 & 17 from Anmol rhyme book.

## Converse with your child in English.

- Encourage the children to use simple phrases and sentences such as: Sorry, Thank you, Excuse Me and Please
- Go there
- Come here
- Where is my bag?
- May I watch TV ?
- Can I sleep
- It is too hot
- I am feeling hungry. Please give me something to eat.
- Food is tasty.
- I am feeling thirsty. Please give me a glass of water.
- Please tell me a story.
- May I play with my toys?
- I have completed my work.
- Papa is calling you.

## COGNITIVE DEVELOPMENT

- Flash cards are available at the back side of the English , Hindi and Maths book. Cut them in Square shape. In English ask the child to identify the picture and phonetic sound of particular letter. In Maths count the dots given on the flash cards and Arrange the flash cards in sequence.(Only 1 to 10) .



## Conceptual Development

- Dress your child and yourself in the particular color for the day. Make any one snack of that color.



For example – **Red Snack** : Tomato salad, Strawberry, Jelly, Watermelon chaat.

**Yellow Snack** : Poha, Yellow rice, Mango shake

**Green Snack** : Cucumber sandwich, Aampana

**Orange Snack** : Orange rasna/Juice, Orange idli.



## Socio Emotional Development

Imbibe following social skills in your child.

- ❖ Greeting with a smile to family members .
- ❖ Have meals with your family at the dining table using proper Table Manners.
- ❖ Sharing things with parents, friends and siblings.
- ❖ Conversing politely with everyone.
- ❖ Water the plants and feed the birds.
- ❖ Save Water and save electricity,

# Sight Words-Level-1

a	an	at	am
ap	as	ad	ag
l	in	is	it

## Few reminders for the students:

- Always say Thanks to God for everything.
- Do not watch too much of Television but watch informative Channels like Animal planet ,National Geographical Channel.
- Wash your hands before and after every meal at home.
- Take bath daily.
- Trim your nails every week during summer vacations.
- Drink lot of water because it is summer time.
- Eat healthy & nutritive food and avoid junk food.

