

SCHOOL REPORT

FROM

14 SEP 2016

TO

20 OCT 2016



VIDYA BHARATI SCHOOL

National Convention of School Counselors	At India International center
Mask Making Competition	Grade I - III
A visit to Kidzania	Edutainment Theme Park
Inter class Show & Tell	Grade I & II
Brands Impact Award	Academic Excellence for the year 2016
National Summit of School Principals	At Billabong High International School
Grand Parents Day	Free Medical Check Up
Induction of Renovated School Library	Puja & Havan
SCCRB Residents Welfare Association & Samaj Kalyan Parishad	SCRRB Residents Welfare Association
Skit Competition	Grade III
Swachh Bharat Campaign	An Initiative to sensitize Youngster about Cleanliness
Visit to Hindon Air Force Station	Grade IX & X
Anuvrat Naitik Geet Gayan Pratiyogita	UP State Level
Taekwando Tournament	CBSE Cluster

NATIONAL CONVENTION OF SCHOOL COUNSELLORS

Date & Venue :

National Convention of School Counsellors was conducted on September 9, 2016 at Auditorium, India International Center, 40, Max Mueller Marg, New Delhi

Demonstrator & Presenter :

Conducted by : Dr B.S Rabindran, Dr Shubro Sen, Dr R.K Saraswat, Dr Heena Thakar

Agenda :

- 1 To provide a platform where counsellors can meet and discuss various issues
- 2 To empower counselors with the ways to handle aggression among school children

Delegates

Ms. Bhuvan Israni the School counsellor of VBS and counsellors from schools in Delhi & NCR

Highlights :

Dr B.S Rabindran

- Started an interactive session.
- Informed the delegates about the Indian research on aggression.
- Gave a precise difference between aggression and violence.
- Defined terms like "Psychopath", "Sociopath" "CD (Conduct disorders)".
- Told about various preventive measures to deal with psychopaths and sociopaths.
- Discussed parenting styles and their impact on the children.
- Discussed how CBT (Cognitive Behaviour Therapy) & MRT (Moral Reasoning Training) help an individual to correct his distorted way of thinking.
- Discussed how a counsellor can help a child implement fogging technique when another child is bullying him. & how fogging technique would help a child to deal with a situation without getting violent

Dr Shubro Sen

- Discussed the role of counsellors in transforming the society in particular transformation approaches.
- Explained how counsellors can leave a person enlarged with interactions and how to undertake appreciation inquiry.
- Not to demoralize the person but leave him/her happy and with a feeling of hope.

Dr R.K Saraswat

- Talked on institutional practices.
- Explained how schools can take value based assessments of the students to look at the gap between how a student view himself and what the institution wants him/her to be.
- Stressed that educational institutions should not only look at the shortcomings but should also try to overcome them.
- Discussed about social stigma attached to counselling.
- Emphasized that counselors should keep themselves abreast with latest technologies and therapies. Parent Orientation Programme and frequent interaction between the counselor and the parents is a must.

Professor Heena Thakhar

- Stated that aggression could be due to iron deficiency in the body and proper medication and an iron supplement can help to reduce aggression.
- Food habits and nutrition have a direct impact on health and level of aggression. Discussed Project Chirag and Project Saarthi successful implemented in Mumbai.

Outcome:

- Became aware of the techniques to handle aggression among school children.
- Got familiar with the newest trends, innovations, technologies
- Met the best and the brightest in the profession.



Mask Making Competition -2016-17

- **Date and venue**
An inter class mask making competition was conducted for the students of grades I to III on 16.9.16 in their respective classrooms
- **Demonstrator and Presenter**
Class teachers and students of grades I to III
- **Agenda**
 - To enhance their imagination & vision.
 - To inculcate the thought that participation is more important than winning.
 - To give them an opportunity to show their creativity.
- **Participants**
Students of grades I to III.
- **Highlights**
Teachers explained to students how to make face mask. After learning the method of making mask the students took great interest in doing the activity in the allotted time. The students made mask of various animals like lion, elephants, rabbits, monkey etc. The Best made face masks were shortlisted by the class teachers but the winners were chosen by Activity In-charges.
- **Analysis**
Students made very colourful and beautiful face masks. This competition witnessed an enthusiastic participation of students from all the sections of Grade I to III. This activity was a new learning experience for the students as they thoroughly enjoyed doing it.

WINNERS OF THE COMPETITION

S. No.	Name of the Students	Class	Rank
1.	Avika	I-C	I
2.	Aarav	I-B	II
3.	Khushi Bhatia	I-C	III

S. No.	Name of the Students	Class	Rank
1.	Kashifa	II-C	I
2.	Sahej	II-B	II
3.	Faizan	II-A	III
4.	Shaurya	II-C	Consolation

S. No.	Name of the Students	Class	Rank
1.	Anjali	III-B	I
2.	Chavi & Ridhima	III-C	II
3.	Kisa	III-A	III
4.	Divyanshi	III-B	Consolation



Visit to KIDZANIA- An Edutainment Theme Park

Being a regular subscriber for students' edition of Times NIE, teachers at Vidya Bharati Schools were invited to witness a fun outing at Kidzania, in Entertainment City, Noida.

Ms Sonakshi Badhwar and Ms Satinder Bhatia were given the opportunity to visit the event on 19th September 2016. Around 400 teachers from 225 schools took part in the event. The event was sponsored by various renowned brands as Barbaque Nation, Kiran Nadar Museum of Art, Kairali, Jaypee Hospitals, Clinic Dermatech and Gold Gym.

As part of day's activities, there were various games, zumba, art and yoga session and the diversified competitions followed by prizes. The event was also marked by the introduction of the digital version of NIE Newspaper.

KidZania is themed as a child-sized [replica](#) of a real city, including buildings, shops and theaters, vehicles and pedestrians moving along its streets. In this city, children aged between 4to14, get an opportunity to work as archeologists, engineers, pizza makers, bank employees, disaster managers, doctors etc.

The children earn kidZos (KidZania's currency) while performing the tasks, and the money is kept in the KidZania bank for children to be spent on various learning activities. Inside the KidZania facility, children wear electronic bracelet that allows parents to keep a track of their kids remotely. With a child friendly infrastructure and exposure to real life learning for kids, KidZania is surely to win admirers.

This much needed fun outing not only brought smiles on the face of the teachers but helped them to relax, enjoy, recharge and rejuvenate.



Inter Class Show & Tell Competition

- **Date and venue**
An Inter class Show and Tell Competition was organized for the students of grade I & II on 22.09.2016 in the Physics Lab.
- **Demonstrator and Presenter**
The competition was judged by Ms. Jyoti. Ms. Renu Vats conducted the event and declared winners for the competition.
- **Agenda**
 1. The competition was organized to enhance the oratory skills of the students.
 2. To help students gain the confidence.
 3. To develop students into good and impressive speakers.
 4. To enhance student's engagement & competitive spirit among them.
 5. To nurture critical, creative & innovative skills in the students and speak publically about it.
- **Participants**
Five students per section from grade I and II participated in the competition.
- **Highlights**
All the students participated enthusiastically.
The Students spoke fluently, with proper diction and confidence.
The topics for the show and tell were- Environment, Healthy Food and Technology.
- **Analysis**
The judgment was based on the following parameters- content, presentation, props, clarity of speech, expression and confidence.
The students understood the importance of saving our environment, benefits of healthy diet and use of technology in daily life. The performance of each and every participant impressed audience.

RESULT AT A GLANCE

Topic -Environment

S. No.	Name of the Students	Class	Categories	Rank
1	Kavya Sinha	II-A	I	
2	Manveer	II-A		II
3	Divyam Modani	II-C		II
4	Bhavesh	I-A		III
5	Avic	I-C		III

Topic-Healthy Food

S. No.	Name of the Students	Class	Rank
1	Divyanshi Bansal	I-A	I
2	Lakshita Bhatia	II-A	II
3	Subhashish	II-C	II
4	Shibani	I-C	III
5	Panrita Rana	I-B	III

Topic-Technology

S. No.	Name of the Students	Class	Rank
1	Sarthak	II-B	I
2	Mahika	II-C	II
3	Soumil	I-A	III

VIDYA BHARATI SCHOOL
ORGANISES
SHOW AND TELL
COMPETITION
22nd SEP. 2016 GRADE I & II



PRINCIPALS MEET- EDUCONNECT

Vidya Bharati School played a perfect host to around 20 Principals of our Corp- Tie up endeavour- “Educonnect” where the Head of institutes of Play Schools of NCR were invited for an interactive session, Coffee morning with our Principal Madam, Ms. Meenakshi Zarabi on 23 Sept.2016 in the Conference Room of the School. The programme was conducted by Ms. Sonakshi & Ms. Vineeta Sharma.

This interactive platform was organized with the aim to give impetus to Pre-Primary wingers in terms of much needed confidence, stage exposure, besides providing umpteen opportunities of harnessing mandatory skills of fine motor, gross motor, language and conceptual & socio and emotional skills. It also provided opportunity to create ways and generate unique learning and interactions worth sharing that will result in the values we wish to take from each experience and interaction.

The participating Principals were wooed by Principal madam wherein they not only complemented her for her sound and clear vision related to the work/ activities/programmes undertaken by her for the toddlers, the very foundation of any educational organization but were impressed by the effective use and integration of Blooms in classroom teaching while visiting the classrooms. They also lauded the distinctive aspect of VBS i.e. its Science & Technology Park which according to them was one of its kind learning experience in NCR area exclusively for the kids of VBS. They even urged and implored Principal madam to conduct need based workshop for their Staff & Parents.

The programme ended with a presentation of a memento to each and every participating Principal who were appreciative of the programme and being a part of such an exceptional enterprise.



BRANDS IMPACT AWARD

For the second consecutive year, Vidya Bharati School has proved its mettle and emerged as the leading education provider in NCR. This year too we have won the coveted award and its for academic excellence. Brands Achiever has conferred on Vidya Bharati “Pride of Indian Education Awards” for academic excellence for the year 2016. This award is given to an educational institution in recognition for its contribution in strengthening the nation’s educational infrastructure. Last year also Vidya Bharati School bagged the prestigious award for being the Best Co- Educational Institute in NCR for the year 2015.

The Principal, Ms. Meenakshi Zarabi along with Dr. Alam Ali, General Secretary of Surya Nagar, Educational Society received the “Pride of Indian Education award” for academic excellence for the year 2016 from Mr. Shekhar Suman an eminent Bollywood Actor & renowned TV personality in a glittering ceremony on 24th Sept. 2016.

The award for academic excellence has been bestowed on Vidya Bharati School for the many revolutionary changes it has incorporated in its teaching – learning process to be at par with its contemporaries in the ever evolving scenario of pedagogical changes as Incorporation of Blooms taxonomy in lesson plans, 4 part worksheet, integrated curriculum with LSEP(Life Skills Enhancement Programme) & AEP (Adolescent Education Programme), beyond books & experiential learning platform in form of Science & Technology Park, a unique and one of its kind concept in NCR & Research & Development team with the yearly objective of designing exhaustive curriculum as per the latest pedagogy at par with national and international educational parameters. All these exceptional, exclusive, distinctive and matchless features certainly made Vidya Bharati School, the most apt contender of the exalted “Pride of Indian Education award” for academic excellence- 2016 ad receiving glorious award is the icing on the cake for the efforts put in by the VBS fraternity.

These awards and felicitations are just the beginning of our journey of success and laurels as we still have miles to go..... .



REGIONAL SUMMIT OF SCHOOL PRINCIPALS

Date & Venue :

Regional Summit of School Principals was conducted on September 27, 2016 at Billabong High International School, Noida – Sector 34, Uttar Pradesh

Topic: Prevention & Management of Mental Health Problems in School Children

Demonstrator & Presenter :

Conducted by: Dr V.S Ravindranan –Resource Person & Mr. Keshav Singh

Agenda:

- To provide a platform where Principals and Program Coordinators can meet and discuss various issues related to Mental Health among School Children.
- Sensitizing School Principals regarding mental health illnesses and their preventive measures.

Delegates for the meet from VBS

Ms. Seema Sinha, Course Coordinator

Ms. Bhuvan Israni, School Counsellor

Highlights:

Dr. V.S. Ravindranan

- An Interactive session.
- Informed the delegates about the WHO research on mental health problem which states that 95% of school students suffer from mental health problems.
- Discussed what is mental health & how to identify a child suffering from mental health disorders.
- The famous saying "A stitch in time saves nine" holds very good for treating depression. Depression needs to be identified otherwise it could prove fatal. A student as old as 3 years can suffer from clinical depression.
- Differentiated between mental disorder, mental disability, heredity and genes.
- Discussed the various causes of mental health illnesses.
- Gave elaborate symptoms and definitions of terms like "Schizophrenia", "Bipolar Disorder", "Hallucinations", "Delusions", "Oppositional Defiant Disorder", "Conduct Disorder", "Attention Deficit Hyperactive Disorder", "Eating Disorder", "Anorexia Nervosa".
- Stressed that Counsellor should maintain CRC (Cumulative Record Card) of each student as a preventive measure to identify children prone to mental ill health.
- Emphasized that all types of mental illnesses are curable if treated in time.
- Mandatory part of present day School scenario is that all Principals in their schools should conduct a teacher workshop on mental health problems/ issues.
- Discussed the 3 tier approach or programme to deal with mental health issues.

Mr. Keshav Singh

- Informed about preventive measures to deal with students who have mental health issues.
- Discussed the aspects of mental health - "Development", "Prevention", "Remedy".
- Stressed on the need to maintain a guidance calendar.
- Discussed the need for Schools to plan mental health programmes.
- Stressed on the need to build an emotionally intelligent school.
- Stressed on creating a barrier free environment, to grow as an institution, ways to develop manpower and design guidance calendar.
- Mandatory aspect of each school to have Guidance and Counselling Department, essential guidance services and integrated approach to guidance based education.

Outcome:

- Became aware about various mental health problems/ issues.
- Got familiar with the techniques which can be applied to identify if a student is having a mental health issue and how to deal to with various mental problems.
- Interaction with the best and the brightest professionals in the field of mental health.



SWACHH BHARAT CAMPAIGN-AN INITIATIVE TO SENSITIZE YOUNGSTERSABOUT CLEANLINESS

Vidya Bharati School, Surya Nagar, Ghaziabad undertook a cleanliness drive to commemorate the 2nd anniversary of Swachh Bharat Mission. The occasion was marked by participation of students across all grades for removal of garbage from the school premises under the supervision of the teachers. A host of programmes were undertaken to memorialize the occasion with activities like Poster Making, Slogan Writing and Drawing Competition held in the school at all levels. To sensitize the youngsters about cleanliness, a workshop was also conducted dealing with the causes, symptoms and preventions of Chikungunya and Dengue. The session was followed by Quiz.

The students realized that any work is best done when it is carried out by the person himself. It also made the students appreciate the dignity of labour and contribution of the workforce in our life. The School Principal, Ms.Meenakshi Zarabi lauded the efforts of staff and students. She further stressed that if students are trained to maintain basic sanitation and cleanliness in all aspects then they will ensure its maintenance and spread the message of cleanliness not only in self but also at home / in locality/neighbourhood/ society/city and nation.

A small step of VBS turned into a bigger goal for self & national development. It was a great experience and everyone contributed their bit in it whole heartedly. It saw enthusiastic participation of the students in all the activities.

REPORT OF VISIT

A group of around 50 students of grade IX & X of Vidya Bharati School visited Hindon Air Force Station, Ghaziabad on 5th October, 2016. They were accompanied by their teachers, Ms. Gayatri Sharma & Mr. Manish Kumar. The students not only got a chance to see different kinds of Air planeslike Sarang, Tejus, Mayuri, etc. from proximity but also witnessed the breath taking Aero-tricks that were performed by the daring and deft Air Force Pilots, cadets & trainees. The occasion was the annual celebration of Indian Air Force day marking the induction of Indian Air Force as one of the premier defense wing of India.

This once in a life time opportunity left everyone spellbound. The marvellous expertise displayed by the pilots excited one and all present there. It was a great learning experience for our students as through this beyond the books activity they learnt attributes of courage, love for the motherland and respect for the defense personnels who are our selfless guardians and protectors. The students expressed their gratitude towards the school for giving them a chance to be a part of the spectacular extravaganza.

FREE MEDICAL CHECK UP CAMP FOR GRANDPARENTS

Dated: 1st October 2016

Vidya Bharati School celebrated Grandparents Day on 1st October 2016 in its premises from 9.00 am to 2.00 pm by organizing a free 'Medical Check up Camp' in association with Atlanta Hospital for the grandparents of all the students. The camp was organized to pay gratitude to the Grandparents who play a major role in the lives of children by providing them love, support, care, values, etc. Lighting of Lamp was done by Sh S K Luthra, Adv V K Sawarwal, Sh Jai Kumar, Sh Dharam Pal, Sh Raman Arora - the eminent members of Surya Nagar C Block Residents Welfare Association. They were welcomed by presenting a token of appreciation by the SMC Working President Sh Lalit Garg, Gen. Secretary Sh Alam Ali Shishodia, Gen Manager Sh Narender Singh and the school Principal Ms. Meenakshi Zarabi. Bone Density Test, Sugar Test, Orthopaedic consultation, Diet Plan, Gynae consultation, Physiotherapy consultation, ENT, ECG etc were some of the services offered for free by a team of seven doctors and four assistants from Atlanta Hospital to the grandparents. The grandparents were in high spirits and thanked the school management for the concern shown by them for their well being.



Initiating the Process



All Ears

INDUCTION OF RENOVATED SCHOOL LIBRARY

Dated: 1st October 2016

A Puja & Hawan was performed to invoke the blessings of the Almighty on the occasion of the induction of the renovated library into the system. SMC Working President Sh Lalit Garg, Gen Secretary Sh Alam Ali Shishodia, Treasurer Sh Rahul Fulfagar, Gen Manager Sh Narender Singh, Principal Ms Meenakshi Zarabi and the staff members were present during the puja and performed rites and rituals for an auspicious beginning.



Invoking the Almighty for Blessings



Digitizing the World of Books

REPORT

Awards for meritorious students for the year 2016 were presented by SCRRB Residents Welfare Association & Smaj Kalyan Parishad on 2.10.2016 at Chander Nagar Club. Like every year, this year also the Students of VBS brought laurels to the school and received many awards. Meritorious students from various schools were nominated in different categories and 4 students from our school received awards under different categories. These awardees were accompanied for the function by our teacher Ms. Sunita Chibber.

AWARD NAME	CATEGORIES	STUDENT NAME
Sh.Jagdish Rai Bansal 2015-16	The Best student of grade X	Samay Varshney
Sh. Nand Kishore Mittal 2015-16	The Best Student in Sports	Shivam Rawat
Sh. Ajay Singh 2015-16	The Best Student in Music	Aditi Dhyani
Special Award	Dikshant Kumar	



We are proud of you all!!

SKIT COMPETITION

Date and venue

An Inter class Skit Competition for grade III was held on 3.10.16 near the canteen area.

Demonstrator and Presenter

- Comparing of the competition was done by Ms. Swati Seth.
- Presented by students of grade III

Objectives

- To build up communicative skills in English.
- To widen the ability to express themselves coherently and fluently.
- To enhance their confidence by giving them an opportunity to perform on the stage.
- To develop positive attitude and inculcate virtues & values in the students through this skit competition.
- To apprise students about the benefit of having good values.
- To develop listening skill to understand, enjoy and appreciate the skit.
- To enhance their socio – emotional skills.
- To develop team spirit & team coordination.
- To enhance creative thinking and originality of ideas.
- To foster the spirit of healthy competition.

Participants

Students of grade III

Highlights

- Students showed great enthusiasm while performing their skit on the stage. They were very excited as they performed independently on stage for the first time.
- They were very confident about their individual performances.
- The coordination among the students was wonderful.
- They were able to express the message/ theme which they had chosen with clarity and conviction.

Analysis

- With this competition students were able to express themselves using the correct language.
- Their confidence increased manifold as they performed independently on stage for the first time.
- Their socio emotional skills were enhanced as they got to know the importance to work in a group.
- Students developed a positive attitude towards the values conveyed through this Skit competition.

WINNER OF THE SKIT COMPETITION- STUDENTS OF GRADE III-B



PRIZES GALORE

Vidya Bharati School acquired yet another feather in its cap when its budding artist, Dikshant Kumar of VII D won the second Prize in /NIE's Colour's Splash on 17 October 2016 at Gyanshree School, Noida Expressway, Sector 127, Noida – 201304, Uttar Pradesh.



UP State Level Anuvrat Naitik Geet Gayan Pratiyogita - Date: 5th October 2016

UP State Level Anuvrat Naitik Geet Gayan Pratiyogita was organized by the Anuvrat Nyas Samiti in Vidya Bharati School, Surya Nagar on 5th October 2016. Seven schools participated in the competition in various categories. The competition was judged by eminent singers and musicians Sh Kuldeep Panwar, Pt Gopal Sharma and Sh Prashant Suryavanshi. Vidya Bharati School stood first in the Junior Solo and Junior group song category. The first position in Senior solo was grabbed by Khaitan Public School and in Senior Group Song by Maharaja Agrasen School. Managing Trustee of Anuvrat Nyas Samiti Sh S M Nahata, National Convener Sh V V Daga, Co- Convener Sh Vimal Gunecha and Instructor Sh Ramesh Kandpal were present on the occasion. They extended their full support by motivating the participants. Ms. Meenakshi Zarabi, Principal Vidya Bharati School, applauded the participants and the winners and said that she was proud that her school's core beliefs are in accordance with the principles of Anuvrat. She also emphasised on the importance and need of taking small vows in our life which help us to introspect and make efforts to transform ourselves and bring a change in the society and the country. The Principal honoured the Judges and the organizing team by offering them a token of appreciation. The Members of Anuvrat Nyas Samiti also extended their thankfulness to the Principal and the members of the coordinating team for their cooperation in organizing the event successfully.



On the Path of Anuvrat

Inspiring to Take the Path of Anuvrat



VBS SUCCESS AT CBSE CLUSTER TAEKWONDO TOURNAMENT

VBS participated in the **CBSE North Zone, Dehradun Region –First Taekwondo Championship** between 13th Oct to 16th Oct, 2016 at Golden Heart Academy, Khatauli, Muzaffarnagar, UP. A team of 14 students participated in this event. This Zonal competition saw participation of 84 schools from Dehradun Zone. VBS won 5 medals : 1 Gold, 2 silver and 2 bronze.

The Gold Medal was won by **Sonal Kandpal** of VI-B, Silver Medals were bagged by **Saket Kaushik** of VIII-A and **Jaanvi** of VII-C whereas **Priyanshu Sharma** of V-C and **Kunal Gautam** of IX-A bagged Bronze levels.



WE ARE SINGING CHAMPS

On 15th October 2016, 17th **ANUVRAT GEET GAYAN PRATIYOGITA** was organized in the school premises of Vidya Bharati School. In this State Level Competition, 8 Schools from all over U.P. participated. Vidya Bharati School bagged prize in both Solo Song and Group Song Junior Category. In Group Song Senior Category and Senior Solo Vidya Bharati School got 2nd prize.

After our stupendous success at state level, Vidya Bharati School qualified to participate at National Level **ANUVRAT GEET GAYAN PRATIYOGITA** which was held at **AADHYATM SAADHNA KENDRA**, Mehrauli, New Delhi set 14th October to 16th October 2016; There were 28 schools from 18 states and yet again Vidya Bharati School proved its mettle at Nationals. Master Anay Srivastav of V-C won Second Prize in Solo Singing, Junior Category. Anay also got a cash prize of Rs 5100/- besides the winner's Trophy and Certificate.

Kudos to all the winners for their exceptional success.



National Level Singing Competition



II Prize in National Level Singing Competition



National Level Singing Competition



I Prize in State Level Singing Competition

Thank You...